



# Northwood Times



## March 2024

2760 E. Trimble Road, San Jose, CA 95132-1055

Phone: (408) 923-1940 Fax: (408) 942-9032

<http://northwood.berryessa.k12.ca.us/>

Maricela Krickovic, Principal

"We believe that all students at Northwood will be prepared for the future in a safe, nurturing environment that inspires academic and social learning in order to be critical thinkers and active citizens in a global community."

March 2024	
5th	Spring Pictures
4th - 8th	Read Across America/ Literacy Week
8th	PTA Movie Night: Frozen
8th-15th	Parent Teacher Conferences- Minimum Days
11th - 16th	EWaste Fundraiser
12th	ELPAC testing begins (3rd- 5th grade English Learners)
18th - 22nd	PTA Book Fair
19th	ELPAC Parent Workshop
22nd	PTA Zumba Event
25th-28th	ELPAC testing continues (2nd- 5th grade English Learners)
29th-April 5th	Spring Break
April 2024	
9th	SBAC Parent Workshop
11th	Open House
16th	5th Grade SBAC testing begins
23rd - May 3rd	3rd through 5th grade SBAC testing

## **Principal's Message**

Hello Northwood Families,

March is here, and it is truly incredible how quickly this school year is going. Although it seems that the school year is almost ending, we are reaching a very busy time of year.

Parent teacher conferences will begin on March 8<sup>th</sup> and end on March 15<sup>th</sup>. During this time, you will have the opportunity to meet with your child's teacher and discuss your child's progress. I encourage you to keep a list of questions for when you meet with your child's teacher. This helps keep the communication between home and school open and helps keep parents informed. Please remember that our students will be on a minimum day schedule on these days, so that our teachers have an opportunity to prepare and meet with families.

The month of March is also Women's History Month. This is a month where we celebrate the contributions that women have made to history, culture, or society. This year's theme is "Celebrating Women Who Tell Our Stories." This could be an opportunity to share some stories of women in our families, our culture, or our communities that have made an impact.

Warm Regards,  
Maricela Krickovic  
Principal

## **Monthly Character Trait: Perseverance**

This month, we also have lots of things that we are highlighting with our students. For the month of March, our monthly theme is Perseverance. Through perseverance, we work on not giving up on something, despite how hard it may be. With our students, this might look like working on math concepts that may be difficult, continuing to practice their reading and decoding, practicing their instruments, and learning new skills. Learning perseverance helps students stick through tasks, even when they are difficult, manage their frustration, and push through challenges. By having perseverance, we can work towards achieving our goals and dreams. If we gave up when we had a set-back, then we would not achieve our dreams, but through perseverance, we continue to work towards our goals to make our dreams a reality.

There are many ways that families can help build students' perseverance. Some ways are:

- *Let them make decisions that will affect them:* for example; which extracurricular activities to sign up for, how to spend money they've been gifted or allowance. This helps build an understanding of how their actions result in consequences (good or bad).
- *Let them finish things on their own:* taking a break from a difficult task to return and finish it. Working through challenges even if it takes a long time.
- *Teach them to ask for help, and guide you:* when they are struggling teach children that it is ok to ask for help, but let them *show you* what they need help with, without you taking over.
- *Help them find solutions:* teach them positive problem-solving strategies. Teach them to break bigger tasks into smaller tasks if they are stuck or getting stressed.
- *Role-model perseverance:* For instance, seeking help, looking at alternative solutions or researching answers.

## **March Spirit Days**

This month, our spirit days will be the following:

3/7/2024 - Crazy Hat Day

3/14/2024 - Do Not Give Up! Rise Up Day

3/28/2024 - Opening Day!

## **Read Across America Week**

During the first week of March, we celebrate Read Across America Week. During this week, we try to instill a love of reading and motivate our students to read wherever they are. Did you know that students that read for 20 minutes a day, will read 1,800,000 words per year and they can learn between 4,000-12,000 words.

Throughout the week, we will have different Spirit Days that our students may participate in that highlight how books make us feel, the comfort that they bring us, and the places they take us. In our weekly attachments, you can find our spirit days for this week. There are also many ways that you can also highlight this week with your child such as:

- **Read Under the Stars-** Reading can happen anywhere. Why not set up a fort, a tent, or a cozy space and read at night, possibly even with a flashlight? You can even make the event a little more fun by sharing your favorite cozy drink, such as hot chocolate with marshmallows.
- **Pass On the Love of Reading-** Many of us have books at home that we may no longer read. There are many places that will accept book donations. Some communities even have Little Free Libraries where books are exchanged between neighbors, friends, and the community.
- **Learning About Our Cultures-** There are many cultural stories that are shared through literature. This can be an opportunity to have children hear stories from their cultures or from other cultures, and help them see themselves reflected through their literature. If families speak another language at home, the story can even be read in their home language.
- **Visit the Library –** Each week, our students visit our school library with Mrs. Bobias and hear a story. Our school library is not the only place where students can get this experience, as our public libraries offer this as well. Families can go to the library together, explore, get some books to share in the love of reading
- **DEAR Time-** Families can set aside a Drop Everything And Read Time. This can be a time where there are no other distractions, and families gather around literature. This can be families reading a story together, or even everyone reading their own book.

## **Yearbook Cover Contest**

Congratulations to our winners of our yearbook cover contest!!!

Abhi S. was our winner of the front cover contest and Viviksha K. was the winner of the back cover contest.

We also want to give a shout-out to runner-up students:

Front Cover Runners-ups: Adithi N., Samanvi S., and Prisha S

Back Cover Runner-ups: Shahithya S, Sehej D., and Tanisha S.

## **Movie Night**

Our next PTA movie night will be on Friday, March 8th, and our PTA will be showing the movie Frozen. Our event will take place from 6pm to 8pm, and PTA will once again be serving popcorn during the event.

## **EWaste Fundraiser**

Do you have any E Waste at home and trying to find a place to recycle it? From March 11th through March 15th, you will be able to bring in your E Waste to Northwood, and help support our 5th grade Science Camp fund. If you are unable to make it during the week, you will also be able to drop it off on Saturday, March 16th between 9am to 1pm in our school parking lot for our EWaster event. In our attachments, you can find the list of items that are accepted and those that we unfortunately are not able to accept.

## **Berryessa Ed Foundation Raffle**

The Berryessa Ed Foundation Raffle is back this year, and Northwood is selling tickets. Thank you to all the families who have already purchased tickets. Forms and envelopes went home with our students last week. There are several ways to purchase tickets:

- Send the envelope back with your order form and money and give it to your child's teacher
- Bring the envelope and order form in to our office
- Come and purchase tickets in our school office

There are many great prizes, and I hope that we have many winners from Northwood. The list of current prizes is found in our attachments. For each ticket sold, Northwood will receive 50% back. The money that is raised will help us in updating our Flexible Instructional Space. Updates can include murals, supplies and materials. Any residual funds can be used for STEAM (Science, Technology, Engineering, Art and Math) and VAPA (Visual and Performing Arts) projects and supplies.

## **Volunteers**

There are many events that are happening around our school and volunteers may be needed. If you are planning on volunteering for any day time events, such as Book Fair and Field Trips, you will need to complete a volunteer form and be cleared by our district office, before volunteering. Volunteer forms can be picked up in our front office and are good for the entire school year. They do, however, need to be completed yearly.

Along with the volunteer form, you will also need a TB test that has been completed in the last 4 years. Please note that it does take some time to be cleared by our district office; therefore, please make sure to submit your volunteer forms as soon as possible. If you have any questions, you may check in with Mrs. Broker.

## **State Testing – ELPAC and SBAC Parent Ed Workshops**

During the months of March and April, many of our students will be taking their state assessments. For our English Language Learners in grades K-5<sup>th</sup>, they will be taking the English Language Proficiency Assessments for California (ELPAC). This assessment measures a student's proficiency in the English language and is taken until a student is reclassified as English Proficient. For our students in grades 3<sup>rd</sup>-5<sup>th</sup>, they will be taking their SBAC (Smarter Balanced Assessment Consortium) Assessments. For our 3<sup>rd</sup>-5<sup>th</sup> graders, they will all be taking the Math and Language Arts assessments. Each assessment consists of both a performance task and a computer adaptive test. Our 5<sup>th</sup> graders will have to take an additional test, the California Science Test (CAST).

It is very important that students get a good night's rest, are on time, and eat breakfast on the days that they are taking their assessments.

To help parents understand and preview the assessments, there will be two different parent workshops. The first will be for our parents whose children are taking the ELPAC assessment in grades TK-5<sup>th</sup>, on Tuesday, March 19<sup>th</sup>, at 8:15am. The second will be for our parents whose children will be taking the SBAC assessments in grades 3<sup>rd</sup>-5<sup>th</sup>, on Tuesday, April 9<sup>th</sup>, at 8:15am. During these sessions, we will be

looking at the assessments, showing parents where to access resources to support their students, preparing for the assessments, and answering any questions that parents may have.

## **PTA Zumba Event**

Get your dancing shoes ready and get ready to dance! Our PTA is planning a Zumba event on March 22nd under the Solar Panels. Please be on the lookout for more information in the coming weeks.

## **PTA News**

**Book Fair:** Our PTA is in the process of organizing a Scholastic Book Fair for the week of March 18th-March 22nd. We need many volunteers to help during the week with our Book Fair.

**If you or someone you know is interested in volunteering, please visit the following link.**

<https://www.signupgenius.com/go/10C0845A4AA2CA7F4C34-47731862-spring>

Because this event takes place during the school day, volunteers will need to submit a volunteer application. If you would like an application, please stop by our front office.

**PTA Auditor:** Our PTA is in need of an auditor. This person would audit the books and financial records of our PTA to determine their accuracy and present written reports on audits to the PTA board and the association for adoption. If you are interested in volunteering for this role, or would like more information, please contact our PTA at [northwoodpta1@gmail.com](mailto:northwoodpta1@gmail.com).

## **Enrollment for the 2024-2025 School Year**

Our district enrollment portal has officially opened. When completing your enrollment forms, please make sure to upload all needed documents. Applications cannot be processed, until all documents are uploaded. Please note that when you are enrolling, families are enrolling into the Berryessa Union School District, and there is a chance that students may be overloaded to another school site, based on our enrollment.

A child will be admitted into TK for the 2023-2024 school year if they have their 5th birthday between September 2 and June 2. Current BUSD TK students do not have to re-enroll for kindergarten. TK students will be automatically enrolled for kindergarten at their resident home school. If your current TK school site is not your resident school, and you are interested in remaining at your current TK school site, you must complete an Intra District Transfer request.

It is recommended that families use the Online Enrollment System. If you need assistance completing your enrollment, you may contact Ms. Amanda Meng at (408) 923-1940 or [ameng@busd.net](mailto:ameng@busd.net).

Students residing outside Berryessa School District and attending Northwood on an inter-district transfer must apply each spring to their home district for a transfer into Berryessa Union School District for the following school year.

You may find more information regarding enrollment by visiting our district's enrollment page at: <https://www.berryessa.k12.ca.us/Departments/Education-Services/Enrollment-Information/index.html>

## **Child Not Feeling Well and At-Home Antigen Testing**

If your child is not feeling well, please contact our school office to let us know.

We strongly encourage our families to continue to use at-home antigen tests, especially if your child is experiencing any COVID-19 symptoms. When symptomatic, students should remain at home. Students should also wear a mask around others, until symptoms resolve. If you need at-home antigen tests, to test your child, please stop by our school office.

Parents and Guardians may upload COVID-19 test results at, <https://bit.ly/BUSDOTC>. If your child tests positive, please make sure to complete the Student Event Google Form at <https://bit.ly/BUSDStudentEventForm> and inform Mrs. Krickovic as soon as possible (mkrickovic@busd.net), so that we may send you follow-up guidance. Positive results need to be uploaded, so that we can clear student absences.

Another resource that we have for our families is our Campus Clinic Community Testing at Morrill Middle School in the BYC. They have COVID-19 Community Testing on Mondays, Wednesdays, and Fridays at Morrill BYC from 7:30 am to 3:30 pm. They offer both PCR and Antigen testing.

### **Campus Clinic COVID Testing Registration Information:**

BUSD Students may use this [link](#) to have your registration resent to you.  
Community Members may use this [link](#) to register.

## **For Translation Assistance**

For translation assistance, please call one of our District hotlines below:

Chinese, 408-923-1901

Spanish, 408-923-1902 Español

Vietnamese, 408-923-1903

請利用學區中文熱線電話

1-408-923-1901

會有人與您聯繫,為您翻譯資料上的重要內容



*Si desea información en español, por favor llame a la línea de asistencia en español al 1-408-923-1902 y alguien le llamará para darle un resumen de este documento.*

*Xin gọi số hotline của khu học tại 1-408-923-1903 và sẽ có người giúp quý vị để hiểu những điều cốt yếu của văn kiện.*

# Movie Night NORTHWOOD PTA

**FRIDAY 03/08  
AT 6:00PM**

**FREE TO ATTEND  
IN THE MULTI-PURPOSE**



**FREE POPCORN**

**BRING YOUR FAVORITE BLANKET TO SIT ON (NO CHAIRS).  
CHILDREN MUST HAVE ADULT SUPERVISION**



# MARCH

## Perseverance



03/07- Read Across America Day – Crazy Hat Day  
Please wear your favorite school appropriate hat.

03/14- Spirit Day – Do Not Give up - Rise Up! Wear  
colors of the sunrise today to show you are going to  
persevere. (Red, Orange, Yellow, Pink)

03/21- Book Day – This week Mrs. Bobias will be reading  
"Long Shot?" by NBA All-Star Chris Paul (currently on  
the Golden State Warriors)

03/28- Spirit Day – Opening Day! Happy Opening Day for  
Baseball. Today wear the colors or team logo of your  
favorite baseball team. If you don't have any you can  
wear Northwood RED today.





## Perseverance

**Perseverance:** is the ability to keep doing something in spite of obstacles. People who persevere show steadfastness in following through with something despite how hard it is or how long it takes to reach the goal



### Why is it important for children to learn how to Persevere?

It's important that children are taught to seek and find solutions. This way, when they are older and a problem arises, they can cope by seeking out patterns that they have previously used. These patterns can help avoid the development of stress and anxiety in everyday situations like exams, interviews and new situations.

### Perseverance and Mental Wellness

Developing perseverance boosts self-esteem and promotes mental wellness. Perseverance cultivates a sense of purposefulness that can create resilience against or foster a better capacity to fend off future struggles with anxiety, depression, and panic disorders.

### How can families encourage and support the development of perseverance at home?

- *Let them make decisions that will affect them:* for example; which extra-curricular activities to sign up for, how to spend money they've been gifted or allowance. This helps build an understanding of how their actions result in consequences (good or bad).
- *Let them finish things on their own:* taking a break from a difficult task to return and finish it. Working through challenges even if it takes a long time.
- *Teach them to ask for help, and guide you:* when they are struggling teach children that it is ok to ask for help, but let them *show you* what they need help with, without you taking over.
- *Help them find solutions:* teach them positive problem-solving strategies. Teach them to break bigger tasks into smaller tasks if they are stuck or getting stressed.
- *Role-model perseverance:* For instance, seeking help, looking at alternative solutions or researching answers.

# FREE Electronic Waste Collection Event

Benefits,

## Northwood Elementary School

When,

**Saturday  
March 16, 2024  
9:00am to 1:00pm**

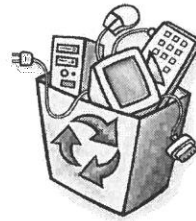
Location,

**Parking Lot  
2760 Trimble Rd,  
San Jose, Ca 95132**

### Items that are accepted for recycling.

All Wires and Cabling	Desktops / Laptops	PDA's	Servers
Plasma & LCD Monitors	Televisions (TV's)	CRT Monitors	Mice
Printers	Keyboards & Accessories	Copy & Fax Machines	
Audio & Video Players	Telephones	Cells & Accessories	
Tablets	Small home appliances (12"x12")	<b>Much, Much More!!!</b>	

Hosted by



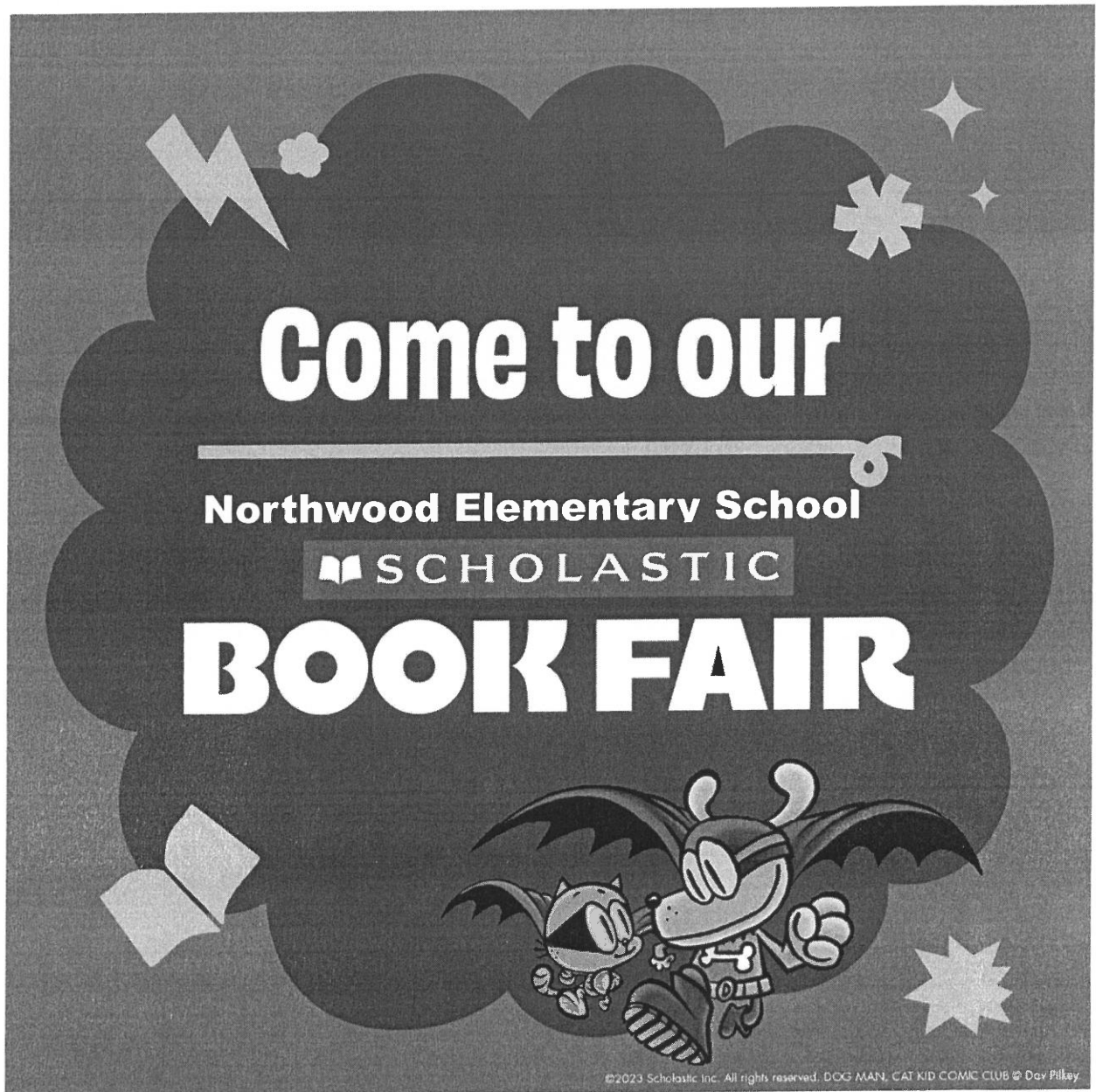
### Items that are NOT accepted for recycling.

Microwave / Toasters	Household Batteries	Fluorescent Tubes	Copiers
Ovens	Video VHS Tapes	Light bulbs	Wood
Furniture	No Appliances	Printer Cartridges	Paint
Disks/CDs	Washer and Dryer	Printer Toners	Metal
Floppy Drives	Refrigerator	Household Batteries	<b>And More!!!</b>

**COLLECTION STARTS ON MARCH 11 TO MARCH 15 DURING SCHOOL HOURS AT FRONT OFFICE**

All proceeds to benefit the Northwood Science Camp Scholarship Fund

For more recycling information contact: **A&J Electronics Recycling**  
At 408-490-4516 or email [ajelectronicsrecycling@gmail.com](mailto:ajelectronicsrecycling@gmail.com) CA#115816



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**Northwood PTA Presents**  
**Northwood Elementary School Book Fair**  
**March 18th - March 22nd**

Monday - Wednesday: 8:30am - 3:00pm  
Thursday - Friday: 8:30am - 2:00pm

**Northwood FIS Room**

*We accept the following as payment at our fair: eWallet, cash, check.  
Funds raised will go toward book fair cost. Any remaining funds will be used for movie  
nights, PTA events, and school supplies.*

<https://www.scholastic.com/bf/northwood2024>

# NORTHWOOD BEARS

MARCH 4<sup>TH</sup> - 8<sup>TH</sup> IS

# LITERACY WEEK!

Join us as we show school spirit and celebrate our love of books!

Monday 3/4

## PAJAMA DAY

Books can be so relaxing. Wear your pajamas to school.  
No slippers allowed.

Tuesday 3/5

## PICTURE DAY

Books make us smile. Dress up for Spring Picture Day.  
Don't forget to smile for the camera.

Wednesday 3/6

## FAVORITE BOOK DAY

Books take us on magical adventures. Dress as your favorite book or character.  
Please wear school appropriate attire.

Thursday 3/7

## CRAZY HAT DAY

Books let us wear many different hats. Wear your favorite hat.  
Please wear a school appropriate hat.

Friday 3/8

## FAIRYTALE OR SUPERHERO DAY

Books give us all kinds of heroes. Dress as your favorite hero.  
Please wear school appropriate attire.

# Elementary March 2024 Menu BUSD



\* = No Meat Item Lunch Price \$4.00 FREE Milk \$0.50 (if purchased separately)  
Lunch includes choice of entrée, salad bar and milk. The bolded entrée is the main entrée of the day. Secondary entrées listed are available in limited quantities. Menu subject to change without notice.

**Advance Payment** Make checks payable to: BUSD SNS. Indicate student's name and teacher on check. For online prepayment, log on to: [www.myschoolbucks.com](http://www.myschoolbucks.com) Our menus meet USDA requirements for calories, fat, saturated fat, whole grain-rich foods, and fruit/vegetable offerings. All grains are whole grain-rich. We do not serve or sell foods containing trans fat. To find out if your family may be eligible for CalFresh Food Stamps/SNAP) and other food programs, contact Second Harvest Food Bank: 1-800-984-3663

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>1</b> <b>CINNAMON PANCAKES W/ STRING CHEESE*</b> Mozzarella Bites*  <i>Craisins</i>
<b>4</b> <b>CHICKEN ALFREDO PASTA W/ PEAS</b>  Chicken Corn Dog  <i>Juice Cup</i>	<b>5</b> <b>POPCORN CHICKEN W/ OVEN FRIES</b>  Pull-Apart Cheese Bread*  <i>Applesauce Cup</i>	<b>6</b> <b>TURKEY PIZZA POCKET</b>  Bean & Cheese Burrito*  <i>Baby Carrots</i>	<b>7</b> <b>HAMBURGER</b>  Toasted Cheese Sandwich* Chicken Caesar Salad  <i>Apple Slices</i>	<b>8</b> <b>CHICKEN TERIYAKI W/ RICE AND VEGETABLES</b>  Mozzarella Bites*  <i>Craisins</i>
<b>11</b> <b>PEPPERONI STUFFED SANDWICH</b>  Personal Cheese Pizza*  <i>Juice Cup</i>	<b>12</b> <b>CHICKEN &amp; WAFFLES W/ SYRUP</b>  Pull-Apart Cheese Bread*  <i>Applesauce Cup</i>	<b>13</b> <b>BREADED MOZZARELLA STICKS W/ MARINARA SAUCE*</b>  Bean & Cheese Burrito*  <i>Baby Carrots</i>	<b>14</b> <b>BBQ BEEF SANDWICH</b>  Toasted Cheese Sandwich*  <i>Apple Slices</i>	<b>15</b> <b>BBQ CHICKEN DRUMSTICKS W/ MASHED POTATO &amp; ROLL</b>  Mozzarella Bites* <i>Craisins</i>
<b>18</b> <b>FRENCH BREAD CHEESE PIZZA</b>  Turkey Pizza Pocket  <i>Juice Cup</i>	<b>19</b> <b>BREADED CHICKEN DRUMSTICK W/ POTATO WEDGES &amp; ROLL</b>  Pull-Apart Cheese Bread*  <i>Applesauce Cup</i>	<b>20</b> <b>BEEF FIESTADA SANDWICH</b>  Bean & Cheese Burrito*  <i>Baby Carrots</i>	<b>21</b> <b>BREADED CHICKEN SANDWICH</b>  Toasted Cheese Sandwich*  <i>Apple Slices</i>	<b>22</b> <b>ORANGE CHICKEN W/ RICE &amp; VEGGIES</b>  Mozzarella Bites*  <i>Craisins</i>
<b>25</b> <b>PERSONAL PEPPERONI PIZZA</b>  Personal Cheese Pizza*  <i>Juice Cup</i>	<b>26</b> <b>CHICKEN TAQUITOS W/ SALSA</b>  Pull-Apart Cheese Bread*  <i>Applesauce Cup</i>	<b>27</b> <b>NACHOS W/ CHEDDAR CHEESE CUP*</b>  Bean & Cheese Burrito*  <i>Baby Carrots</i>	<b>28</b> <b>CHICKEN CORN DOG</b>  Toasted Cheese Sandwich*  <i>Apple Slices</i>	

**SALAD BAR OFFERINGS (daily choices vary):** Romaine, Coleslaw, Asian Cabbage Salad, Celery Sticks, Jicama, Cucumber Slices, Cherry Tomatoes, Beans, Potato Salad, Canned Corn, Apples,

Oranges Wedges, Bananas, Seasonal Fresh Fruit, Canned Fruit (in Juice or Light Syrup), Raisins, and Frozen 100% Juice Cup

**NATIONAL SCHOOL LUNCH PROGRAM REQUIREMENT:** A minimum of a ½ cup of fruit and/or vegetables must be selected as part of each school lunch.

**FOOD ALLERGIES:** A recognized medical authority must complete the form, Medical Statement to Request Special Meals and/or Accommodations, which are available from the School office, cafeteria, or Student Nutrition Services webpage. A description of the food allergy or intolerance is needed, along with suggested substitutions.

**ON-CALL CAFETERIA WORK:** Please contact Personnel at 923-1850 for more details.

*This institution is an equal opportunity provider.*

THE BERRYESSA EDUCATION FOUNDATION IS HOSTING



Pathway to the Future



# Berryessa Union School District Family Night at the Ballpark!

SAN JOSE GIANTS

VS

MODESTO NUTS

FRIDAY, APRIL 19, 2024

7:00 PM - MAIN GATES OPEN AT 6:00 PM

# EXCITE BALLPARK

588 E ALMA AVENUE, SAN JOSE, CA 95123

USE CODE:  
**BERRYESSA**



QUESTIONS?  
[JOSHJACOBS@SJGIANTS.COM](mailto:JOSHJACOBS@SJGIANTS.COM)  
MAIN BOX OFFICE AT 408-297-1435

[HTTPS://BIT.LY/BEFBALLPARKNIGHT2024](https://bit.ly/befballparknight2024)

FUNDS RAISED WILL PROVIDE GRANTS TO DISTRICT TEACHERS TO HAVE THE OPPORTUNITY TO EXPAND STUDENT LEARNING AND IMPROVE INSTRUCTIONAL STRATEGIES



# Berryessa Union School District--Health Services

## REMINDER FROM THE SCHOOL NURSE: KEEP ILL KIDS HOME

### **IF STUDENT SHOWS ANY OF THE FOLLOWING COVID-RELATED SYMPTOMS:**

Fever/ chills, Cough, Shortness of breath or difficulty breathing, Fatigue, Muscle or body aches, Headache, New loss of taste or smell, Sore throat, Nausea or vomiting, Diarrhea, Runny Nose + Congestion. **(Runny nose by itself is NOT a symptom of COVID).**

**Follow CDPH isolation guidelines.** SCCOE strongly recommends doing a COVID test for students who are symptomatic. Student may Return: when fever free for 24 hrs. without the aid of medications AND without symptoms. Consider wearing a mask upon returning to school.

**FEVER** – Please keep your child out of school if with fever (100° or higher). **He/she may return to school after 24 hours, fever-free without the aid of medications.**

**COUGH**– We expect that some children will be at school with a lingering cough after recovering from an illness. *However, please keep your child out of school when the cough is severe enough to impact his/her ability to participate in school activities.*

**VOMITING/DIARRHEA**– Student cannot return **UNTIL THEY HAVE BEEN FREE OF VOMITING/DIARRHEA FOR 24 HOURS without aid of medication.**

**DIARRHEA (CHILDCARE/PS):** *Stay home if a child's stool is likely to leak from the diaper, or if they are unlikely to make it to the toilet in time (if potty trained). If stool is bloody/black: seek medical attention.*

**\*\*If a student is in SPED, consult with the school nurse as needed to consider whether exclusion for 24 hours is necessary.** **NOTE: 3+ cases in a class or 5+ in a school is an outbreak & needs to be reported to the Public Health Dept. Notify school nurse, if outbreak is suspected, student may need to be excluded for 48 hrs.**

**RUNNY NOSE** – Do not send your child to school when there is constant nasal drainage **that cannot be contained & is unable to focus in class.** Colds usually last about 7 days. May return when feeling well.

**LIVE HEAD LICE:** Student may return when **there is no live lice** remaining in the hair. Parent or guardian must be able to confirm that lice treatment has started and that efforts are being taken to remove nits daily.

**PINK EYE (including Eye/Ear irritation):** Pink eye symptoms include red, burning, watery, itchy eyes. May return 1) once symptoms are gone, 2) 24 hours after treatment has begun, or 3) a doctor's note that states the student is not contagious. Stay home and seek medical attention for difficulty seeing or hearing, an eye injury, or pain that is not tolerable. Frequent handwashing is highly recommended!

**RASHES** - Any new unidentified rash can be potentially contagious, (especially, if worsening, causing pain, has blisters or is not healing) requires a doctor's note upon return.

The doctor must state: (1) the rash is not contagious, (2) when it is safe for the child to return to school, and (3) treatment plan: medications prescribed, if needed. **NOTE: We CANNOT diagnose rashes.**

**NOTE: The school may exclude students who may have a possible contagious condition, by law.**

**OVERALL, NOT FEELING WELL:** Stay home if any new illness or symptom prevents a child from participating meaningfully in class and other routines. *(Examples include: bad cough, difficulty breathing or trouble catching their breath, or wheezing when not controlled by medication (i.e., Albuterol).*