



Northwood Times

May/ June 2024

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<http://northwood.berryessa.k12.ca.us/>

Maricela Krickovic, Principal

"We believe that all students at Northwood will be prepared for the future in a safe, nurturing environment that inspires academic and social learning in order to be critical thinkers and active citizens in a global community."

May 2024	
24th	Movie Night
30th	Northwood Day
27th	Memorial Day- No School
June 2024	
5th	5th Grade Promotion
9th	Last Day of School - Minimum Day

Principal's Message

Hello Northwood Families,

I cannot believe that we are in the final weeks of school! As the school year begins to wind down, I would like to say thank you to our school community for all that you do.

Thank you Northwood Staff for all the love and care that you show for our students. Thank you for your dedication in helping our students grow.

Thank you Families for all your support and helping us build connections. Thank you for being our partners in helping support your children.

Thank you students for all your hard work and always putting in your best effort. I am so proud of all of you. To your 5th graders, good luck in Middle School next year.

It has been a pleasure working with our school community and thank you for welcoming me into it. I look forward to working with you next school year!

Warm Regards,

Mrs. Maricela Krickovic

Principal

Monthly Character Trait: Positivity

For the month of May, our monthly theme will focus on Positivity and Positive Thinking. Through this skill, one focuses on the good things, rather than focusing on the negative things or the challenges that a situation may bring. It does not mean that the challenges are ignored, but rather the focus is the positive things around one. This skill helps students build their optimism and their belief that despite the challenges that may arise, one can still succeed.

May Spirit Days

05/02 - Spirit Day " Space/Star Wars Day" May the 4th be with you as you wear something Star Wars or space related.

05/09 - Story time with Mrs. Bobias: "The Whatifs"

05/16 - NW Day: National Drawing Day

05/23 - Bear Day- Buddy Up day

5/30 - NW Day: Wear your Northwood sweatshirt or t-shirt to school

Movie Night

Our next movie night will be on Friday, May 24th at 6:00pm in our Multi-Purpose Room. We will be showing the movie, Monster's University. We hope to see our families there.

PTA Board for 2023-2024 School Year

Congratulations to our 24/25 PTA Board

President: Denise Pham

Secretary: Katie Canlas

Treasurer: Amanda Meng

Parliamentarian: James Vaughn

Thank you to this year's PTA Board for all of your hardwork and dedication to supporting our school community this school year!

Summer Activity Ideas

Looking for some summer activity ideas? Here are some things that can continue to foster learning through the summer:

- Go on a hike and take some time to observe and discuss the surroundings.
- Look into trying new recipes together and have students help measure and prepare the food.
- Create a Lego challenge for students and have them build something with their own imagination.
- Read together as a family and have a discussion about the book.
- Look into classes through the Community Centers or your local library.
- Visit new nearby destinations.

Wishing you all a happy summer!

Volunteers

Thank you to all of our volunteers who helped us throughout the school year! We hope that you will be able to continue helping us next school year. Along with the volunteer form, you will also need a TB test that has been completed in the last 4 years. Please note that it does take some time to be cleared by our district office; therefore, please make sure to submit your volunteer forms as soon as possible. If you have any questions, you may check in with Mrs. Broker.

Be on the lookout this summer for information about our district's volunteer sign-up event.

Enrollment for the 2024-2025 School Year

Our district enrollment portal has officially opened. When completing your enrollment forms, please make sure to upload all needed documents. Applications cannot be processed, until all documents are uploaded. Please note that when you are enrolling, families are enrolling into the Berryessa Union School District, and there is a chance that students may be overloaded to another school site, based on our enrollment.

A child will be admitted into TK for the 2024-2025 school year if they have their 5th birthday between September 2 and June 2. Current BUSD TK students do not have to re-enroll for kindergarten. TK students will be automatically enrolled for kindergarten at their resident home school. If your current TK school site is not your resident school, and you are interested in remaining at your current TK school site, you must complete an Intra District Transfer request.

It is recommended that families use the Online Enrollment System. If you need assistance completing your enrollment, you may contact Ms. Amanda Meng at (408) 923-1940 or ameng@busd.net.

Students residing outside Berryessa School District and attending Northwood on an inter-district transfer must apply each spring to their home district for a transfer into Berryessa Union School District for the following school year.

You may find more information regarding enrollment by visiting our district's enrollment page at: <https://www.berryessa.k12.ca.us/Departments/Education-Services/Enrollment-Information/index.html>

Child Not Feeling Well and At-Home Antigen Testing

If your child is not feeling well, please contact our school office to let us know.

We strongly encourage our families to continue to use at-home antigen tests, especially if your child is experiencing any COVID-19 symptoms. When symptomatic, students should remain at home. Students should also wear a mask around others, until symptoms resolve. If you need at-home antigen tests, to test your child, please stop by our school office.

Parents and Guardians may upload COVID-19 test results at, <https://bit.ly/BUSDOTC>. If your child tests positive, please make sure to complete the Student Event Google Form at

<https://bit.ly/BUSDStudentEventForm> and inform Mrs. Krickovic as soon as possible (mkrickovic@busd.net), so that we may send you follow-up guidance. Positive results need to be uploaded, so that we can clear student absences.

Another resource that we have for our families is our Campus Clinic Community Testing at Morrill Middle School in the BYC. They have COVID-19 Community Testing on Mondays, Wednesdays, and Fridays at Morrill BYC from 7:30 am to 3:30 pm. They offer both PCR and Antigen testing.

Campus Clinic COVID Testing Registration Information:

BUSD Students may use this [link](#) to have your registration resent to you.
Community Members may use this [link](#) to register.

For Translation Assistance

For translation assistance, please call one of our District hotlines below:

Chinese, 408-923-1901

Spanish, 408-923-1902 Español

Vietnamese, 408-923-1903

請利用學區中文熱線電話

1-408-923-1901

會有人與您聯繫,為您翻譯資料上的重要內容



Si desea información en español, por favor llame a la línea de asistencia en español al 1-408-923-1902 y alguien le llamará para darle un resumen de este documento.

Xin gọi số hotline của khu học tại 1-408-923-1903 và sẽ có người giúp quý vị để hiểu những điều cốt yếu của văn kiện.

Berryessa Union School District 2024-2025 SCHOOL YEAR CALENDAR

180 Student Days

Legend	
First Day of School	New Teachers Report
Last Day of School	All Teachers Report
Pupil Holidays	Prof. Dev. Day
() # of Student Days	

July (0)				
M	T	W	T	F
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30	31		

4- July 4th

November (15)				
M	T	W	T	F
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

11th - Veterans Day

25th-29th Thanksgiving Brk

March (21)				
M	T	W	T	F
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28
31				

August (12)				
M	T	W	T	F
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

9th- New Teachers Report
12th - Welcome Back & All Teachers Report
15th - 1st Day School

December (15)				
M	T	W	T	F
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30	31			

23rd - 31st Winter Break

April (16)				
M	T	W	T	F
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30		

18th - 25th Spring Break

September (19)				
M	T	W	T	F
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30				

2nd - Labor Day

18th - Prof. Dev. No Stds

January (18)				
M	T	W	T	F
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	31

1st - 3rd Winter Break

20th - Dr. King Day

29th - Prof. Dev. No Stds

May (21)				
M	T	W	T	F
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

26 - Memorial Day

October (18)				
M	T	W	T	F
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30	31	

7th - 11th Fall Break

February (15)				
M	T	W	T	F
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28

17th -21st President's Week

June (10)				
M	T	W	T	F
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30				

13th - Last Day of School

19- Juneteenth



May Positivity

05/02 – Spirit Day " Space/Star Wars Day" In celebration of Saturday's May the 4th be with you today we ask that you wear something Star Wars or space related. (Example: Nasa, Stars, planets, rockets, aliens, astronauts)

05/09 – Story time with Mrs. Bobias. This week she will be reading a story to us called, "The Whatifs" by Zoe Persico.

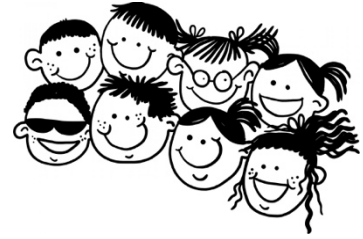
05/16 – NW Day – Today is National Drawing Day! Today spend some time drawing. You can find great ideas on Art Hub for Kids.

05/23 –Bear Day – Buddy Up! Find a class in a different grade level, and do something fun. You could do an art project, have story time, or do some outdoor activities.

05/30 - NW Day – Wear your Northwood sweatshirt or a t-shirt to school.



Positive Thinking



What is Positive Thinking? Positive Thinking is the practice of focusing on good things, despite the situation. It does not mean that you ignore challenges and avoid trying to solve them; it simply means looking for the good.

Why teach children Positive Thinking?

Positive Thinking promotes a healthy mindset in children; fostering optimism and a positive sense of self. Optimism and positive self-concept can help children develop a sense of self-efficacy and belief in the ability to succeed in many capacities in life. Positive thinking supports mental wellness.

Ways to encourage positive thinking in children:

Teach and Encourage Positive Self-Talk: Self-talk is our inner dialogue. When feeling threatened, sometimes self-talk turns negative (“I can’t do this”; “I’m not smart enough”; “I don’t have enough friends”). Beliefs about popularity, competition, and perfectionism can lead to more stressful thoughts. It is important to be able to change negative thoughts to more positive encouraging thoughts (“I can do this” or “I can try to do this”; “I’m intelligent and I can figure this out”; “I have friends”)

Teach Reframing: reframing is a way to think about negative thoughts in a more positive way, which can lead to feelings of less stress and more optimism. It’s more important that reframed thoughts are believable and realistic; they don’t have to be purely positive.

For Example:

- **Worry thought:** I’ll probably mess up all my lines in my speech.
- **Purely positive reframe:** Everything will be fine!
- **Believable and realistic reframe:** I practiced my speech a lot. I might mess up a line or two, but most people won’t even know. I can keep going.

Encourage Optimism: Optimism is *not* thinking that everything is always going to be great. It is about thinking that something good is coming, fostering self-efficacy and resilience.

Listen empathically: Listening to your child’s concerns, without dismissing them, is an important first step. Gently ask follow-up questions to uncover the underlying thought causing worry or frustration.

Model Positive Thinking: One of the best ways to help children develop healthy thinking patterns is to model it as a parent. Children are constantly learning from those around them, picking up on how adults frame events in their life. If you’re more positive to will be too.

MOVIE NIGHT



**When: May 24, 2024 6:00-8:00
p.m.**

**Where: Multi Purpose Room
Bring snacks and a blanket and
watch Monster's University with
us!**

**No chairs please, adult
supervision required**


Disney · PIXAR
**MONSTERS
UNIVERSITY**



Elementary Lunch Menu May 2024, BUSD



* = No Meat Item
 Lunch Price: FREE
 Milk \$0.50 (if purchased separately)
 Adult Lunch: \$4.00
 Lunch includes choice of entree, salad bar and milk. The bolded entree is the main entree of the day. Secondary entrees listed are available in limited quantities. Menu subject to change without notice.
Advanced Payment. Make checks payable to: BUSD SNS. Indicate student's name and teacher on check. For online prepayment, log on to: www.myschoolbucks.com
 Our menus meet USDA requirements for calories, fat, saturated fat, whole grain-rich foods, and fruit/vegetable offerings. All grains are whole grain-rich. We do not serve or sell foods containing trans fat. To find out if you family may be eligible for CalFresh Food Stamps/SNAP and other food programs, contact Second Harvest Food Bank: 1-800-984-3663

Monday	Tuesday	Wednesday	Thursday	Friday
		1 CHICKEN CORN DOG Bean & Cheese Burrito* Raisins	2 TURKEY HAM & CHEESE CROISSANT SANDWICH Toasted Cheese Sandwich* Apple	3 BEEF TERIYAKI w/ RICE & MIXED VEGGIES Mozzarella Bites* Caisins
6 CINNAMON PANCAKES w/ STRING CHEESE* Chicken Corn Dog Juice Cup	7 CHICKEN NUGGETS w/ OVEN FRIES Pull-Apart Cheese Bread* Applesauce Cup	8 TURKEY PIZZA POCKET Bean & Chesse Burrito* Raisins	9 HAMBURGER Toasted Cheese Sandwich* Chicken Caesar Salad Apple	10 CHICKEN ALFREDO PASTA W/ PEAS Mozzarella Bites Craisins
13 PEPPERONI PIZZA Personal Cheese Pizza Juice Cup	14 CHICKEN & WAFFLES SYRUP Pull-Apart Cheese Bread* Applesauce Cup	15 BREADED MOZZARELLA STICKS w/ MARINARA SAUCE* Bean & Cheese Burrito* Raisins	16 BBQ BEEF SANDWICH Toasted Cheese Sandwich* Apple	17 BEEFY MACARONI Mozzarella Bites* Craisins
20 FRENCH BREAD CHEESE PIZZA* Turkey Pizza Pocket Juice Cup	21 BREADED CHICKEN DRUMSTICKS w/ POTATO WEDGES & ROLL Pull-Apart Cheese Bread* Applesauce Cup	22 BEEF FIESTADA SANDWICH Bean & Cheese Burrito* Raisins	23 BREADED CHICKEN SANDWICH Toasted Cheese Sandwich* Apple	24 BEEF TACO WRAP Mozzarella Bites* Craisins
	28 CHICKEN TAQUITOS w/ SALSA Pull-Apart Cheese Bread* Applesauce Cup	29 NACHOS w/ CHEDDAR CHEESE CUP Bean & Cheese Burrito* Raisins	30 TOASTED CHEESE SANDWICH* Chicken Corn Dog Apple	31 ORANGE CHICKEN w/ RICE Mozzarella Bites* Caisins

SALAD BAR OFFERINGS (Daily Choices Vary): Romaine, Coleslaw, Asian Cabbage Salad, Celery Sticks, Jicama, Cucumber Slices, Cherry Tomatoes, Beans Potato Salad, Canned Corn, Apples, Orange Wedges, Bananas Seasonal Fresh Fruit, Canned Fruit (in Juice or Light Syrup), Raisins, and Frozen 100% Juice Cup.

NATIONAL SCHOOL LUNCH PROGRAM REQUIREMENT: A minimum of a ½ cup of fruit and/or vegetables must be selected as part of each school lunch.

FOOD ALLERGIES: A recognized medical authority must complete the form, Medical Statement to Request Special Meals and/or Accommodations, which are available from the School Office, Cafeteria or Student Nutrition Services webpage. A description of the food allergy or intolerance is needed, along with suggested substitutions.

ON-CALL CAFETERIA WORK: Please contact Personnel at (408) 923-1850 for more details.

This institution is an equal opportunity provider