

"We believe that all students at Northwood will be prepared for the future in a safe, nurturing environment that inspires academic and social learning in order to be critical thinkers and active citizens in a global community."



Pathway to the Future

NORTHWOOD TIMES

2760 E. Trimble Rd. San Jose, CA 95132 • <http://northwood.berryessa.k12.ca.us> • (408) 923-1940 • Dr. Derrick, Principal



April 2022

April 2022		May 2022	
1st	Spring Picture Day	4th	Super Hero Day
6th	Tie Dye / Mix Match Day	11th	Sunglasses Day
13th	Sports Day	18th	Disney Day
15th-22th	Spring Break	25th	Mustache Day
27th	Silly Hat or Silly Hair Day	30th	No School-Memorial Day

Principal's Message

I hope that all of you are doing well and staying healthy. I am so happy that our COVID numbers have continued to improve in our county, allowing our students and families to focus more on enjoying school and their favorite activities. I have seen so much social emotional growth watching our students at recess and lunch as they have learned to be together again at school. Our students are incredibly resilient and everyday I see kindness and empathy. I see students building their conflict resolution skills as well as simply being silly and having a good time. Watching them laugh and have fun is so rewarding after the time that was missed over the last couple of years. I am hopeful that things continue to improve through the end of the year so we can continue our events and traditions at Northwood.

Warmest regards,

Dr. Derrick

Spring Break Reminder

NO SCHOOL Friday, April 15th through Friday, April 22nd

HELP WANTED

Northwood is currently looking to fill positions for a Health Clerk at our school site.

If you are interested please go to the link below for more information and to apply.

<https://www.edjoin.org/Home/DistrictJobPosting/1531312>

SBAC TESTING 2022

Northwood will begin our state testing for 3rd through 5th grades this month after a two-year break due to COVID. While testing is just one way that we measure performance it is extremely important that students are confident and prepared. Below are some tips for families so that every student performs at their highest possible level.

1. **Get plenty of rest.** Students who get a good night's sleep the night before are going to be more awake and focused.
2. **Eat Breakfast.** Make sure that students have something before school or have time to stop by the cafeteria to eat breakfast before class.
3. **Reduce stress and distractions.** Try to plan large family functions or events after testing is over. These can disrupt routine and make it difficult for students to focus at school. Also, work as a family to make sure that mornings go smoothly on testing days. Stress that students experience before school can negatively affect their performance throughout the day.
4. **Stay healthy.** Make sure that students are eating right and not feeling sick during a test. It's better for students to make up a test later when they are better than to suffer through it.

Practice at home. The more students are familiar with the online format the better they will do on testing day. Parents and students can go online to the CAASPP website:

https://login1.cloud1.tds.cambiumast.com/student/V584/Pages/LoginShell.aspx?c=California_PT ,

once there, simply press the green "Sign In" button at the bottom, choose the grade from the drop down menu, and from there students can practice several Math and English Language Arts tests.

Thank you for your partnership to make sure that our students are prepared to do their best.

APRIL 2022 ELEMENTARY LUNCH MENU BUSD



* = No Meat Item Lunch Price-FREE Milk \$0.50 (if purchased separately) Lunch includes choice of entrée, salad bar and milk. The bolded entrée is the main entrée of the day. Secondary entrées listed are available in limited quantities. Menu subject to change without notice. Advance Payment Make checks payable to: BUSD SNS. Indicate student's name and teacher on check. For online prepayment, log on to: www.myschoolbucks.com Our menus meet USDA requirements for calories, fat, saturated fat, whole grain-rich foods, and fruit/vegetable offerings. All grains are whole grain-rich. We do not serve or sell foods containing trans fat. To find out if your family may be eligible for CalFresh Food Stamps/SNAP) and other food programs, contact Second Harvest Food Bank: 1-800-984-3663

Monday	Tuesday	Wednesday	Thursday	Friday
				1 CHICKEN BURRITO Bean & Cheese Burrito* Raisins
4 PERSONAL CHEESE PIZZA Chicken Corn Dog Frozen Fruit Cup	5 CHICKEN TAQUITOS Pull-Apart Cheese Bread* Applesauce Cup	6 TURKEY TACO POCKETS Chimi Bean & Cheese* Baby Carrots	7 TURKEY HAM & CHEESE SANDWICH Toasted Cheese Sandwich* Apple Slices	8 NACHOS & CHEDDAR CUPS W/SALSA Turkey Taco Pocket* Raisins
11 FRENCH BREAD CHEESE PIZZA* Chicken Corn Dog Frozen Fruit Cup	12 CHICKEN TERIYAKI PATTY SANDWICH Pull-Apart Cheese Bread* Applesauce Cup	13 TURKEY PIZZA POCKETS Chimi Bean & Cheese* Baby Carrots	14 PEPPERONI STUFFED SANDWICH Toasted Cheese Sandwich* Apple Slices	15 Holiday 
18 SPRING BREAK - NO SCHOOL				
25 PERSONAL PEPPERONI PIZZA Personal Cheese Pizza* Frozen Fruit Cup	26 CHICKEN NUGGETS W/SEASONED FRIES Pull-Apart Cheese Bread* Applesauce Cup	27 CHICKEN CHIMICHANGA Chimi Bean & Cheese* Baby Carrots	28 MINI CHEESEBURGERS Toasted Cheese Sandwich* Apple Slices	29 CORN DOGS Cheese Quesadilla* Raisins
				

SALAD BAR OFFERINGS (daily choices vary): Romaine, Coleslaw, Asian Cabbage Salad, Celery Sticks, Jicama, Cucumber Slices, Cherry Tomatoes, Beans, Potato Salad, Canned Corn, Apples, Orange Wedges, Bananas, Seasonal Fresh Fruit, Canned Fruit (in Juice or Light Syrup), Raisins and Frozen 100% Juice Cup.
NATIONAL SCHOOL LUNCH PROGRAM REQUIREMENT: EMERGENCY MEAL POLICY: Students who lose or forget their money will be allowed one charged meal. Payment is expected the next day. Only the salad bar and milk will be offered until payment is received.
FOOD ALLERGIES: A recognized medical authority must complete the form, Medical Statement to Request Special Meals and/or Accommodations, which are available from the School office, cafeteria, or Student Nutrition Services webpage. A description of the food allergy or intolerance is needed, along with suggested substitutions.
ON-CALL CAFETERIA WORK: Please contact Personnel at 923-1850 for more details.

This institution is an equal opportunity provider

BUSD Elementary Breakfast Menu

March - April 2022

Week Of:

March 7th
 March 21st
 April 4th
 April 25th

Week Of:

February 28th
 March 14th
 March 28th
 April 11th



Mon	Whole Grain Cereal Bar*	Whole Grain Cereal Bar w/ String Cheese*
	Whole Grain Cereal w/String Cheese*	Whole Grain Cereal w/ String Cheese*
Tues	Whole Grain Pan Dulce*	Whole Grain Mini French Toast*
	Whole Grain Cereal w/ Sunflower Seeds*	Whole Grain Cereal w/ Sunflower Seeds*
Wed	Mini Pancakes* Whole Grain Cereal w/ Sunflower Seeds*	Breakfast Wrap Whole Grain Cereal w/ Sunflower Seeds*
	Whole Grain Bagel w/ Cream Cheese*	Whole Grain Mini Waffles*
Thurs	Whole Grain Cereal w/ Sunflower Seeds*	Whole Grain Cereal w/ Sunflower Seeds*
	Whole Grain Muffin Top*	Whole Grain Muffin*
Fri	Whole Grain Cereal w/ Sunflower Seeds*	Whole Grain Cereal w/ Sunflower Seeds*

Breakfast Includes:

1. Choice of one entrée.
2. Fresh Fruit and/or juice.
3. Choice of milk.

* = No meat option

All grains are Whole Grain-Rich

Breakfast Price Free

Adult Breakfast \$2.50

Milk \$0.50 (if purchased separately)

Our menus meet USDA requirements for calories, fat, saturated fat, whole grain-rich foods, and fruit/vegetable offerings. We do not serve or sell foods containing trans fat. Menu subject to change without notice.

To find out if your family may be eligible for CalFresh (Food Stamps/SNAP) and other food programs, contact Second Harvest Food Bank:
 1-800-984-3663.

NOTES FOR PARENTS

- School Breakfast Program Requirement: Students must select at least ½ cup of fruit or juice as part of each school breakfast.
- Food Allergies: Forms for requesting special meals are available from the cafeteria, school office, or district website at www.berrypass.k12.ca.us under Student Nutrition Services. A recognized medical authority must complete the form stating the type of food allergy and the suggested substitution.
- On-Call Cafeteria Work: Please contact Personnel at 923-1850 for current availability and details.

This institution is an equal opportunity provider and employer.

For Translation Assistance

Please call the district hotline:

1-408-923-1901 (Chinese)

1-408-923-1902 (Spanish)

1-408-923-1903 (Vietnamese)

An office assistant will get in touch with you to deliver the translation of the document.

請利用校區熱線電話1-408-923-1901

會有人與您聯繫,為您翻譯資料上的重要內容

Por favor llame al teléfono de asistencia al 1-408-923-1902 y alguien se pondrá en contacto para darle la información esencial del documento.

Xin gọi số hotline của khu học tại 1-408-923-1903 và sẽ có người giúp quý vị để hiểu những điều cốt yếu của văn kiện.

