

“We believe that all students at Northwood will be prepared for the future in a safe, nurturing environment that inspires academic and social learning in order to be critical thinkers and active citizens in a global community.”



Pathway to the Future

# NORTHWOOD TIMES

2760 E. Trimble Rd. San Jose, CA 95132 • <http://northwood.berryessa.k12.ca.us> • (408) 923-1940 • Dr. Derrick, Principal



## May/June 2022

May 2022		June 2022	
4th	Super Hero Day	1st	Rainbow Day
5th	Cinco de Mayo	8th	Beach/Luau Day
11th	Sunglasses Day	10th	Last Day - MINIMUM DAY
18th	Disney Day		
25th	Mustache Day		
30th	No School-Memorial Day		

### Principal’s Message

As many of you know by now this will be my last month at Northwood. While it is true that I am leaving, I will always carry the memories that I have made here in my heart. Being a part of this school community has meant so much to me and I will never forget the kindness and love that I have received from so many wonderful students, families, and staff members. Northwood will be in excellent hands with our new principal, Mrs. Krickovic. She has a huge heart and will be an excellent leader to Northwood as it continues to thrive.

Always a Bear,

*Dr. Derrick*

### Minimum Days

Thursday, June 9th, and Friday, June 10th are both minimum days. Please make arrangements to have your child picked up promptly at 1:00 p.m.

*Have a great summer break!*



# END-OF-YEAR MEDICATION PICK-UP

Please pick up any unused medication (s) that your child has in the school office by the end of the last day of school. The school cannot store medication in the office over the summer and **unclaimed medications will be disposed 1 week after the last day of school.**

If your child will continue to need ANY medication(s) during the school day during the **next** school year, including any over-the-counter medications such as Tylenol, Benadryl, and/or Advil, the Berryessa School Permission Medication Form must be completed and signed by both the health care provider and the parent/guardian. Medication forms are available in the school office.

NOTE: A separate Medication Authorization Form is required for each medication each school year.

Pick up the Allergy Plan Form, if your child will require medication at school for any type of allergies.

## Celebrating Asian American Pacific Islander Heritage Month

May is Asian Pacific American Heritage Month – a celebration of the culture and history of Asian-Pacific Americans and Pacific Islanders in the United States. Asian Pacific American

Heritage Month originated as a congressional bill in 1978 and in 1992 it was expanded from a week to a month-long celebration. This is a good time to learn something new about the diversity of Asian-Pacific cultures or to reflect on your culture with your child if you are descended from these groups.

This year we celebrate Asian-Americans by celebrating the achievements of Eric Yuan, Chinese-American billionaire businessman, engineer, and the chief executive officer and founder of Zoom Video Communications. He was previously a manager of WebEx at Cisco,



which acquired the video conferencing company in 2007. Born in China, Yuan moved to Silicon Valley in 1997, and became a U.S. citizen in 2007. At the IPO, Yuan owned 22% of Zoom, which was valued at just over \$9 billion before trading began. An avid basketball fan, Yuan attends his children's games and counts Golden State Warriors player Andre Iguodala as an investor. He lives in Santa Clara with his wife, Sherry, and has three children.

V

# HELP WANTED

Northwood is currently looking to fill positions for a Health Clerk at our school site.

If you are interested please go to the link below for more information and to apply.

<https://www.edjoin.org/Home/DistrictJobPosting/1531312>



## CINCO de MAYO – Holiday Fun Facts and Information

**What does Cinco de Mayo celebrate?**

Cinco de Mayo is a celebration of Mexican heritage, culture, and pride.

**When is Cinco de Mayo celebrated?** May 5th. This is in honor of when the Mexican army defeated the French in

the Battle of Puebla on May 5, 1862.

**Who celebrates this day?** The day is mostly celebrated by people of Mexican heritage in the United States. It is also celebrated in some areas of Mexico, especially the state of Puebla. Many non-Mexicans in the United States celebrate the day.

**What do people do to celebrate?** The day is celebrated with parades, carnivals, street fairs, and sometimes fireworks at night. There are some traditional Mexican celebrations such as the Baile Folklorico dance along with mariachi music. People dress up in traditional Mexican

clothing as well. Some parades or festivals may include a reenactment of the Battle of Puebla.

**Major celebrations in the United States include:**

Chicago - A large festival is held each year in Douglas Park including live music, food, cultural displays, and games for kids.

San Antonio - The famous Market Square is home to a huge celebration including outdoor concerts and food. Denver - The Cinco de Mayo Culture Festival in Denver specializes in all types of Mexican music and lasts for two days.

San Marco - Another Texas town with a big celebration. They have a salsa contest and crown their own Miss Cinco de Mayo.

Los Angeles - Probably the largest Cinco de Mayo celebration in the world is held in downtown Los Angeles, California.

The day is also used to educate people on the heritage of Mexican Americans. This includes programs put on by schools and libraries. Important icons and people are studied including Cesar Chavez and Our Lady of Guadalupe.

Many celebrations include Mexican food and music. The holiday is fairly commercial with restaurants and bars using the day to get people to come out and spend money. History of Cinco de Mayo The day marks a historical battle between the Mexican army and the French. The Battle of Puebla took place on May 5, 1862. The Mexicans were largely outnumbered by the French. However, led by Mexican General Ignacio Zaragoza Seguin they managed to hold off and defeat the French. It is thought the day was first celebrated by Mexicans living in California during the American Civil War. The holiday became more popular in the 1960s and then became widespread in the United States with commercialization in the 1990s.

**Fun Facts About Cinco de Mayo**






The 5th of May is not Mexico's Independence Day, which is celebrated on September 16th.

Not too long after winning the Battle of Puebla, the Mexicans lost their capital to the French and the French took control of the country. The French rule only lasted a few years, however. The holiday is more celebrated in the United States than in Mexico.

In Chandler, Arizona they hold Chihuahua dog races on this day.

Around 70 million pounds of avocados are eaten on Cinco de Mayo in the US.



Elementary May 2022 Menu BUSD					
<div></div> <p>* = No Meat Item   Lunch Price-FREE   Milk \$0.50 (if purchased separately) Lunch includes choice of entrée, salad bar and milk. The bolded entrée is the main entrée of the day. Secondary entrées listed are available in limited quantities. Menu subject to change without notice. <i>Advance Payment   Make checks payable to: BUSD SNS. Indicate student's name and teacher on check. For online prepayment, log on to: <a href="http://www.myschoolbucks.com">www.myschoolbucks.com</a></i> Our menus meet USDA requirements for calories, fat, saturated fat, whole grain-rich foods, and fruit/vegetable offerings. All grains are whole grain-rich. We do not serve or sell foods containing trans fat. To find out if your family may be eligible for CalFresh Food Stamps/SNAP) and other food programs, contact Second Harvest Food Bank: 1-800-984-3663</p>	<div>Monday</div> <div>2</div> <div><b>PERSONAL CHEESE PIZZA*</b> BBQ Rib Sandwich <i>Frozen Juice Cup</i></div>	<div>Tuesday</div> <div>3</div> <div><b>TURKEY SAUSAGE &amp; WAFFLE W/SYRUP</b> Pull-Apart Cheese Bread* <i>Applesauce Cup</i></div>	<div>Wednesday</div> <div>4</div> <div><b>TURKEY PIZZA POCKET</b> Toasted Cheese Sandwich* <i>Baby Carrots</i></div>	<div>Thursday</div> <div>5</div> <div><b>Cinco De Mayo CHEESE QUESADILLA*</b> Chicken Burrito <i>Apple Slices</i></div>	<div>Friday</div> <div>6</div> <div><b>BBQ CHICKEN STRIPS w/ MASHED POTATOES</b> Bean &amp; Cheese Burrito* <i>Craisins</i></div>
	<div>9</div> <div><b>PERSONAL PEPPERONI PIZZA</b> Personal Cheese Pizza* <i>Frozen Juice Cup</i></div>	<div>10</div> <div><b>CHICKEN TENDERS W/ BAKED CURLY FRIES</b> Pull-Apart Cheese Bread* <i>Applesauce Cup</i></div>	<div>11</div> <div><b>HAMBURGER</b> Toasted Cheese Sandwich* <i>Baby Carrots</i></div>	<div>12</div> <div><b>TURKEY TACO POCKET</b> Bean &amp; Cheese Burrito* <i>Apple Slices</i></div>	<div>13</div> <div><b>CHICKEN &amp; ROTINI PASTA ALFREDO W/ PEAS</b> Cheese Calzone* <i>Craisins</i></div>
	<div>16</div> <div><b>FRENCH BREAD CHEESE PIZZA*</b> Chicken Corn Dog <i>Frozen Juice Cup</i></div>	<div>17</div> <div><b>BREADED CHICKEN DRUMSTICK W/ SWEET POTATO FRIES</b> Pull-Apart Cheese Bread* <i>Applesauce Cup</i></div>	<div>18</div> <div><b>PEPPERONI STUFFED SANDWICH</b> Toasted Cheese Sandwich* <i>Baby Carrots</i></div>	<div>19</div> <div><b>NACHOS W/CHEESE DIP &amp; SALSA*</b> Chicken Burrito <i>Apple Slices</i></div>	<div>20</div> <div><b>BREADED MOZZARELLA STICKS W/ MARINARA SAUCE*</b> Mac n Beef <i>Craisins</i></div>
	<div>23</div> <div><b>PERSONAL PEPPERONI PIZZA</b> Personal Cheese Pizza* <i>Frozen Juice Cup</i></div>	<div>24</div> <div><b>CHICKEN NUGGETS W/ OVEN FRIES</b> Pull-Apart Cheese Bread* <i>Applesauce Cup</i></div>	<div>25</div> <div><b>CHEESEBURGER</b> Toasted Cheese Sandwich* <i>Baby Carrots</i></div>	<div>26</div> <div><b>BEEF TACO WRAP</b> Bean &amp; Cheese Burrito* <i>Apple Slices</i></div>	<div>27</div> <div><b>CHEF'S CHOICE</b> Chef's Choice* <i>Craisins</i></div>
	<div>30</div> <div> <i>No School</i></div>	<div>31</div> <div><b>CHICKEN TAQUITOS W/ SALSA</b> Pull-Apart Cheese Bread* <i>Applesauce Cup</i></div>	<div></div>	<div></div>	<div></div>
<p><b>SALAD BAR OFFERINGS (daily choices vary):</b> Romaine, Coleslaw, Asian Cabbage Salad, Celery Sticks, Jicama, Cucumber Slices, Cherry Tomatoes, Beans, Potato Salad, Canned Corn, Apples, Orange Wedges, Bananas, Seasonal Fresh Fruit, Canned Fruit (in Juice or Light Syrup), Raisins, and Frozen 100% Juice Cup</p> <p><b>NATIONAL SCHOOL LUNCH PROGRAM REQUIREMENT:</b> A minimum of a ½ cup of fruit and/or vegetables must be selected as part of each school lunch.</p> <p><b>FOOD ALLERGIES:</b> A recognized medical authority must complete the form, Medical Statement to Request Special Meals and/or Accommodations, which are available from the School office, cafeteria, or Student Nutrition Services webpage. A description of the food allergy or intolerance is needed, along with suggested substitutions.</p> <p><b>ON-CALL CAFETERIA WORK:</b> Please contact Personnel at 923-1850 for more details.</p> <p><i>This institution is an equal opportunity provider</i></p>					

# BUSD Elementary Breakfast Menu

## May - Jun 2022

Week Of:

May 9th  
May 23rd  
Jun 6th

Week Of:

May 2nd  
May 16th  
May 30th



Mon

Whole Grain Cereal Bar\*

Whole Grain Cereal w/String Cheese\*

Whole Grain Cereal Bar w/ String Cheese\*

Whole Grain Cereal w/ String Cheese\*

Tues

Whole Grain Pan Dulce\*

Whole Grain Cereal w/ Sunflower Seeds\*

Whole Grain Cinnamon Roll/Bun\*

Whole Grain Cereal w/ Sunflower Seeds\*

Wed

Mini French Toast\*  
Whole Grain Cereal w/

Sunflower Seeds\*

Breakfast Wrap

Whole Grain Cereal w/ Sunflower Seeds\*

Thurs

Whole Grain Bagel w/ Cream Cheese\*

Whole Grain Cereal w/ Sunflower Seeds\*

Whole Grain Mini Waffles\*

Whole Grain Cereal w/ Sunflower Seeds\*

Fri

Whole Grain Muffin Top\*

Whole Grain Cereal w/ Sunflower Seeds\*

Whole Grain Muffin\*

Whole Grain Cereal w/ Sunflower Seeds\*

### NOTES FOR PARENTS

- School Breakfast Program Requirement: Students must select at least ½ cup of fruit or juice as part of each school breakfast.
- Food Allergies: Forms for requesting special meals are available from the cafeteria, school office, or district website at [www.berryessa.k12.ca.us](http://www.berryessa.k12.ca.us) under Student Nutrition Services. A recognized medical authority must complete the form stating the type of food allergy and the suggested substitution.
- On-Call Cafeteria Work: Please contact Personnel at 923-1850 for current availability and details.

### Breakfast Includes:

1. Choice of one entrée.
2. Fresh Fruit and/or juice.
3. Choice of milk.

\* = No meat option

All grains are Whole Grain-Rich

**Breakfast Price Free**

**Adult Breakfast \$2.50**

Milk \$0.50 (if purchased separately)

Our menus meet USDA requirements for calories, fat, saturated fat, whole grain-rich foods, and fruit/vegetable offerings. We do not serve or sell foods containing trans fat. Menu subject to change without notice.

To find out if your family may be eligible for CalFresh (Food Stamps/SNAP) and other food programs, contact Second Harvest Food Bank:  
1-800-984-3663.

This institution is an equal opportunity provider and employer.

### For Translation Assistance

Please call the district hotline:

1-408-923-1901 (Chinese)

1-408-923-1902 (Spanish)

1-408-923-1903 (Vietnamese)

An office assistant will get in touch with you to deliver the translation of the document.



請利用校區熱線電話1-408-923-1901  
會有人與您聯繫,為您翻譯資料上的重要內容

Por favor llame al teléfono de asistencia al 1-408-923-1902 y alguien se pondrá en contacto para darle la información esencial del documento.

Xin gọi số hotline của khu học tại 1-408-923-1903  
và sẽ có người giúp quý vị để hiểu những điều cốt  
yếu của văn kiện.