



NORTHWOOD TIMES

Pathway to the Future

2760 E. Trimble Rd. San Jose, CA 95132 • <http://northwood.berryessa.k12.ca.us> • (408) 923-1940 • Dr. Derrick, Principal

October 2021		November 2021	
6th 25th-29th 29th	Picture Day Red Ribbon Week Halloween Parade	7th 11th 12th - 19th 22nd - 26th	Daylight Saving Time Ends Veterans Day (NO SCHOOL) Parent-Teacher Conferences Thanksgiving Break

Principal's Message

I hope everyone had a great September break last week. This was a great opportunity to reset and relax for our students and teachers. It was great to see our students and teachers refreshed and rejuvenated for the rest of our first trimester. I am so impressed at the excellent learning and interaction that is happening everyday in our classrooms. Fall is here and as many of us welcome the cooler weather, it is also a reminder that we will begin to spend more time indoors. Please remember to take precautions to keep our school community safe as we continue to offer in-person instruction. We appreciate your partnership in monitoring your child's health and keeping them home if they have symptoms. It is very important to me that students continue to receive in-person instruction and experience the full experience of education.

Sincerely, *Dr. Derrick*



Halloween Costume Parade

The Halloween costume parade is scheduled for Friday, October 29th, 2021 at 8:30 a.m. Please send your child in costume with a change of clothes if needed. Unfortunately, parents are not allowed on campus for this event, however, we are changing our parade route to be closer to our Lakewood Dr. fence so that parents may view from the sidewalk.

Please remember the following rules when choosing a costume for your child.

- NO weapons, including swords or axes.
- NO blood or scary makeup.
- Costumes should be appropriate for school
- We appreciate you adhering to these rules for a safe and enjoyable experience for all.



Fall Picture Day -Wednesday, October 6th

- Dress Nicely
- Common or Free Dress
- Please keep attire appropriate for school.
- Send your order with your child to school.
- More info can be found at mylifetouch.com

Red Ribbon Week (October 25th - 29th)

- The mission of the Red Ribbon Campaign is to present a unified and visible commitment towards the creation of a DRUG-FREE America.
- Red Ribbon Week provides a great opportunity to promote a safe and healthy lifestyle pledging to be drug-free. Take an active stand against drugs and just say NO!
- Our teachers will be working with the Northwood PTA to fill the week with activities to communicate to the students the importance of staying drug-free.



NORTHWOOD STUDENT DAILY SYMPTOM CHECK

PLEASE SCAN THE QR CODE BELOW TO COMPLETE THE DAILY
SURVEY FOR EACH CHILD.

Short-Term Independent Study Requests

This time of year we begin to receive many requests at Northwood for independent study contracts. While we recognize the necessity to fulfill family obligations and necessary business we urge you to avoid taking your child out of school for extended periods.

Our teachers plan exciting activities and lessons everyday and after missing so much in-person instruction over the last couple of years we want students in school as many days as possible. Days out of school can result in lower academic performance and missed opportunities. It is also an extra duty for teachers who are focusing on daily instruction.

The Berryessa School District has created the school year calendar with holidays and vacation days to accommodate the needs of our families. Please look at the calendar before scheduling events and trips. Vacations and casual family visits are considered an unexcused absence.

If you must request a Short-Term Independent Study we require at least 2 weeks notice. Short-term independent studies are for between 3 to 10 missed days of school and will not affect your child's enrollment at Northwood. **Please fill out a Short-Term Independent Study request form that can be found online on our website under our [Parent Resources](#) tab.** Please fill it out and submit to our attendance clerk, Ms. Amanda.

* = No Meat Item
Lunch Price FREE Milk \$0.50
(if purchased separately)
Lunch includes choice of entrée, salad bar and milk.
The bolded entrée is the main entrée of the day.
Secondary entrées listed are available in limited quantities. Menu subject to change without notice. Our menus meet USDA requirements for calories, fat, saturated fat, whole grain-rich foods, and fruit/vegetable offerings. All grains are whole grain-rich. We do not serve or sell foods containing trans fat. To find out if your family may be eligible for CalFresh Food Stamps/SNAP and other food programs, contact Second Harvest Food Bank: 1-800-984-3663

OCTOBER 4 - OCTOBER 29, 2021 ELEMENTARY MENU BUSD

Monday	Tuesday	Wednesday	Thursday	Friday
4 FRENCH BREAD CHEESE PIZZA* Chicken Corn Dog Frozen Juice Cup	5 CHICKEN NUGGETS W/ BISCUIT & HONEY Pull-Apart Cheese Bread* Applesauce Cup	6 CHIPOTLE CHICKEN SANDWICH Teriyaki Veggie Burger* Baby Carrots	7 CHICKEN PASTA ALFREDO OR VEG PASTA ALFREDO W/ STRING CHEESE* Cheese Pizza Stick* Apple Slices	8 TURKEY TACO POCKET Nachos w/ Cheese Cup* Craisins
11 PERSONAL PEPPERONI PIZZA Personal Cheese Pizza* Frozen Juice Cup	12 CHICKEN BURRITO Pull-Apart Cheese Bread* Applesauce Cup	13 BREADED CHICKEN SANDWICH Toasted Cheese Sandwich* Baby Carrots	14 TURKEY PIZZA POCKET Bean & Cheese Burrito* Raisins	15 ORANGE CHICKEN & RICE W/ BROCCOLI Cheese Pizza Stick* Apple Slices
18 PERSONAL CHEESE PIZZA* Chicken Corn Dog Frozen Juice Cup	19 CHICKEN NUGGETS W/ OVEN FRIES Pull-Apart Cheese Bread* Applesauce Cup	20 MINI CHEESEBURGERS Toasted Cheese Sandwich* Baby Carrots	21 BBQ BEEF SANDWICH Bean & Cheese Burrito* Craisins	22 BEEF CHILI OR VEGETARIAN CHILI* W/ TORTILLA CHIPS Cheese Pizza Stick* Apple Slices
25 PEPPERONI PIZZA SLICE Personal Cheese Pizza* Frozen Juice Cup	26 BREADED CHICKEN DRUMSTICK W/ POTATO WEDGES Pull-Apart Cheese Bread* Applesauce Cup	27 CHICKEN CORN DOG Toasted Cheese Sandwich* Baby Carrots	28 FRIED RICE W/ TURKEY HAM Cheese Pizza Stick* Apple Slices	29 HOMESTYLE MAC N CHEESE* NOODLES BBQ Beef Sandwich Halloween Cookie Raisins

SALAD BAR OFFERINGS (daily choices vary): Romaine, Coleslaw, Asian Cabbage Salad, Celery Sticks, Jicama, Cucumber Slices, Cherry Tomatoes, Beans, Potato Salad, Canned Corn, Apples, Orange Wedges, Bananas, Seasonal Fresh Fruit, Canned Fruit (in Juice or Light Syrup), Raisins, and Frozen 100% Juice Cup

NATIONAL SCHOOL LUNCH PROGRAM REQUIREMENT: A minimum of a ½ cup of fruit and/or vegetables must be selected as part of each school lunch.

FOOD ALLERGIES: A recognized medical authority must complete the form, Medical Statement to Request Special Meals and/or Accommodations, which are available from the School office, cafeteria, or Student Nutrition Services webpage. A description of the food allergy or intolerance is needed, along with suggested substitutions.

ON-CALL CAFETERIA WORK: Please contact Personnel at 923-1850 for more details.

This institution is an equal opportunity provider.



* = No Meat Item
Lunch Price FREE Milk \$0.50 (if purchased separately)
Lunch includes choice of entrée, salad bar and milk. The bolded entrée is the main entrée of the day. Secondary entrées listed are available in limited quantities. Menu subject to change without notice. Our menus meet USDA requirements for calories, fat, saturated fat, whole grain-rich foods, and fruit/vegetable offerings. All grains are whole grain-rich. We do not serve or sell foods containing trans fat. To find out if your family may be eligible for CalFresh Food Stamps/SNAP and other food programs, contact Second Harvest Food Bank: 1-800-984-3663

BUSD Elementary Breakfast Menu

August - October 2021

Week Of:

August 16th. & 30th,
September 13th
October 4th & 18th

Week Of:

August 23rd
September 7th, 20th
October 11th & 25th



Mon

Whole Grain Cereal Bar
w/ String Cheese*

Whole Grain Cereal w/
String Cheese*

Whole Grain Cereal Bar
w/ String Cheese*

Whole Grain Cereal
w/ String Cheese*

Tues

Breakfast Bun*

Whole Grain Cereal w/
Sunflower Seeds*

Whole Grain Cinnamon
French Toast*

Whole Grain Cereal w/
Sunflower Seeds*

Wed

Whole Grain Mini
Pancakes*

Whole Grain Cereal w/
Sunflower Seeds*

Cheese Omelet Wrap*

Whole Grain Cereal
w/ Sunflower Seeds*

Thurs

Whole Grain Bagel w/
Cream Cheese*

Whole Grain Cereal w/
Sunflower Seeds*

Whole Grain Muffins*

Whole Grain Cereal w/
Sunflower Seeds*

Fri

Whole Grain
Muffin Top*

Whole Grain Cereal w/
Sunflower Seeds*

Yogurt w/ Strawberry
Chex Mix*

Whole Grain Cereal
w/ Sunflower Seeds*

Breakfast Includes:

1. Choice of one entrée.
2. Fresh Fruit and/or juice.
3. Choice of milk.

* = No meat option

All grains are Whole
Grain-Rich

Breakfast Price Free

Adult Breakfast \$2.50

Milk \$0.50 (if purchased
separately)

Our menus meet USDA requirements for calories, fat, saturated fat, whole grain-rich foods, and fruit/vegetable offerings. We do not serve or sell foods containing trans fat. Menu subject to change without notice.

To find out if your family may be eligible for CalFresh (Food Stamps/SNAP) and other food programs, contact Second Harvest Food Bank:
1-800-984-3663.

NOTES FOR PARENTS

- School Breakfast Program Requirement: Students must select at least ½ cup of fruit or juice as part of each school breakfast.
- Food Allergies: Forms for requesting special meals are available from the cafeteria, school office, or district website at www.berryessa.k12.ca.us under Student Nutrition Services. A recognized medical authority must complete the form stating the type of food allergy and the suggested substitution.
- On-Call Cafeteria Work: Please contact Personnel at 923-1850 for current availability and details.

This institution is an equal opportunity provider and employer.

For Translation Assistance

Please call the district hotline:

1-408-923-1901 (Chinese)

1-408-923-1902 (Spanish)

1-408-923-1903 (Vietnamese)

An office assistant will get in touch with you to deliver the translation of the document.

請利用校區熱線電話1-408-923-1901

會有人與您聯繫,為您翻譯資料上的重要內容

Por favor llame al teléfono de asistencia al
1-408-923-1902 y alguien se pondrá en contacto
para darle la información esencial del
documento.

Xin gọi số hotline của khu học tại 1-408-923-1903
và sẽ có người giúp quý vị để hiểu những điều cốt
yếu của văn kiện.

